

# Summer Camp Girlz Space Program

*Investing in Youth*

## WOMEN'S HABITAT



## Women's Habitat

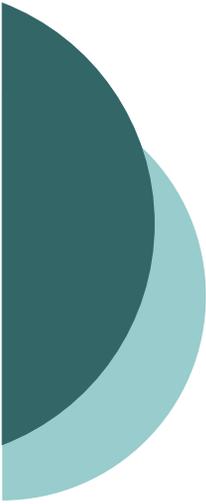
140 Islington Avenue  
Etobicoke, ON  
M8V 3B6

Lina Almanzan  
Phone: 416-252-7949, ext: 232  
Fax: 416-252-1520  
Website: [www.womens-habitat.ca](http://www.womens-habitat.ca)  
Email: [lalmanzan@womens-habitat.ca](mailto:lalmanzan@womens-habitat.ca)



Charitable Registration No. 12912 2065 RR0001





## The impact your help is making.

With the arrival of the warm weather, it's time to start planning for the summer. The most exciting weeks of July and August, are the ones designated to the Girlz Space Summer Camp.

Thanks to the long standing relationship with The Toronto Calcutta Foundation and to the financial support to this program, the summer camp has become a signature event for the youth that access our services. The best outreach method for this camp is the traditional word of mouth and this year we even have people interested in volunteering in this program. The anecdotes and success stories from the participants are a living testimonial of the positive impact this camp has on the girls.

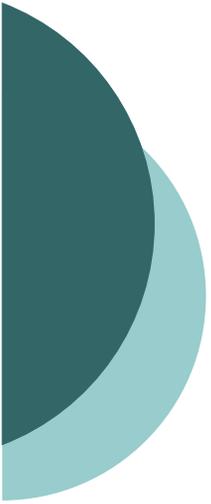
The Girlz Space summer camp offers a comfortable and safe space with other girls of the same age. The Toronto Calcutta Foundation support is addressing issues pertinent to the lives of the girls, such as anti-bullying, youth justice, healthy relationships and leadership skills.

This program is a prevention initiative, that is very valuable to parents, teachers and of course for the participants. Its aims to help girls develop the tools necessary for healthy socialization such as cooperation, team-spirit, and conflict resolution as well as building their self-esteem through skill development activities.

Parents have peace of mind knowing that their girls are safe while learning new skills and being a free service is especially helpful to low-income families who might not otherwise afford it.

Every year Michelle Fraser, our Young Women's Counsellor incorporates new elements as part of the program structure making an extra effort to tailor it to the needs of new participants. This is not an easy task, Michelle has learned to combine the core elements with just plain fun activities. This is one of the many reasons the girls are always so excited to attend.

Thank you very much for providing the girls with this opportunity. Your financial support is shaping the lives of many girls and young women.



## Summer Camp. Girlz Space Program

The camp runs for two weeks in the summer. It provides a continuum of support for the girls who use our Girlz Space program. This camp is for at risk young women (grades 5-10) and incorporates a leadership component, as well as fun activities.

The camp program has the following goals:

- Support girls to see the links between their experiences, their community and society and to empower them to become agents of change in their own lives and communities
- Help youth to develop skills- expressed through shared personal experiences to transform them into tangible skill development
- Support and encourage girls to develop critical thinking skills
- Support girls to build self-esteem and confidence and promote their strengths and capabilities
- Provide access to accurate information, services and resources that meet their needs
- Teach strategies that encourage the development of healthy relationships, healthy eating and active living
- Create opportunities to enhance leadership skills

As additional benefits, the girls will:

- Have a place to go that is specifically for them
- Learn positive ways to express a variety of feelings
- Have an opportunity to meet other girls from varied cultural backgrounds and social locations and come together for mutual goals
- Get access to recreational activities

# Budget for Two-Week Camp

Women’s Habitat provides healthy meals and snacks to all clients attending our programs. Food security is not a reality for many of the people living in the community and our summer camp participants are not an exception.

This summer camp considers food a vital part of inclusion and the learning experience. Part of the requested funding will provide to the girls a well-balanced meal so that they can benefit as much as possible from the services we offer.

In addition to food, we make an effort to provide TTC tokens when possible. Many of our youth live in poverty and they cannot afford TTC fare to attend programs or recreational activities.

Thank you very much for considering this request.

<u>Item</u>	Details	Sup- plies	Entrance Fees	Lunch and snacks	Go Bus	Student TTC	Adult TTC	TTC Cost	TOTAL Cost
<b>TTC</b>	Cost of adult and student tickets to outings					307.5	105	412.5	\$412.50
<b>Gardner Ceramic Museum</b>	Visit museum and do a clay class		180						\$180.00
<b>Paddle and Picnic program</b>	Canoeing		90						\$90.00
<b>Lunch and Snacks</b>	Cost of lunch and snacks			425					\$425.00
<b>Arts and Craft supplies</b>	Markers, boxes, construction paper, stickers, Tie Dye kits, glue,	300							\$300.00
<b>Go Transit</b>	Cost of go bus to and from Wonderland				89.6				\$89.60
<b>Canada's Wonderland</b>	flexible day tickets, food voucher for lunch		1003						\$1,003.00
	<b>Total</b>	<b>\$300.00</b>	<b>\$1,273.00</b>	<b>\$425.00</b>	<b>\$89.60</b>	<b>\$307.50</b>	<b>\$105.00</b>	<b>\$412.50</b>	<b>\$2,500.10</b>